

"JUGGLING TWO HATS"

Delicious Date and Oat Cookies - The Farmer and the Cook - November 2018

<u>Ingredients – Makes about 28</u>

105g dried pitted dates, coarsely chopped

1/4 teaspoon bicarbonate of soda

2 ½ tablespoons of boiling water

100g butter, softened

50g caster sugar

50 g brown sugar

1 large egg (or 2 small eggs)

100g plain flour

1 teaspoon of ground cinnamon

250g rolled oats

Method

- 1. Preheat oven to 180 degrees Celcius and line two baking trays with baking paper. Place the chopped dates, bicarb and hot water in a bowl and set aside to soak while you make the rest of the batter.
- 2. Use an electric mixer to beat the butter and sugars together until pale and creamy. Add the egg and beat until just combined.
- 3. Stir in the flour (no need to sift!), cinnamon and oats then stir through the date mixture. It should still be quite a wet mixture.
- 4. Place about a dessert spoons worth of mixture on to the trays. I normally get 12 per tray. They don't spread at all but you do need to leave a little gap between each biscuit.
- 5. Bake for about 11 mins (depending on your oven and size of your bickie) and then set aside to cool. I find 11 minutes is ample for my oven but just check after 10 in case it is too hot.